

Choosing A Plastic Surgeon – 3 Common Mistakes

Determining which Plastic Surgeon is right for you is a decision not to be taken lightly. Anyone who is considering Plastic Surgery should invest the necessary time to make sure the surgeon you choose is the correct fit for you. There are several things you should learn about your potential surgeon before agreeing to an operation. Do not make these common mistakes.

Mistake 1 - Not actually seeing a real Plastic Surgeon.

Unfortunately, in today's healthcare environment many physicians and surgeons are trying to increase their shrinking incomes by offering Plastic Surgery procedures to patients. Some Dermatologists, General Surgeons, Ear, Nose, and Throat Surgeons, ObGyns and even Dentists are attempting to do Plastic Surgery. In most states there are no laws to prevent this. You must be sure your Surgeon finished a residency training program for 2 or 3 years in Plastic and Reconstructive Surgery. These are the only fully trained and legitimate Plastic Surgeons.

Mistake 2 - Not checking Board Certification.

When a Plastic Surgeon finishes many years of training he or she must then pass a very difficult written and oral examination given by leaders in the field. Only then can they say they are board certified. The only board in the United States that can certify Plastic Surgeons is The American Board of Plastic Surgery. Go to www.abplsurg.org to check if a surgeon is board certified.

Mistake 3 - It just doesn't feel right.

Even after checking credentials, getting recommendations from friends, and having a consultation one-on-one with the Plastic Surgeon, if you just are not comfortable with him or her you should get another opinion. Sometimes things just do not feel right and you don't know why. You should trust your instincts and see other Plastic Surgeons until you find one who makes you feel comfortable and at ease.

Remember, you have the final word in who operates on you and which procedures are done. Make sure your Surgeon understands your desires and expresses confidence that he or she can deliver the results you have discussed. Do not be afraid to ask about credentials as well as research them. Do not hesitate to seek a second opinion if you are not satisfied with the first.